



# Fitness Center Locations

The Volusia Health Network Fitness Center Membership Benefit is honored at these Central Florida locations for **VHN Premier EPO - Orlando 1A Members only.**

### Cocoa YMCA

1519 Clearlake Rd., Bldg. 18  
Cocoa, FL 32922  
321.433.7770

### Wayne Densch YMCA

870 N. Hastings St.  
Orlando, FL 32808  
407.299.4350

### Oviedo YMCA

7900 Red Bug Lake Rd.  
Oviedo, FL 32765  
407.359.3606

### Frank DeLuca YMCA

3200 S.E. 17th St.  
Ocala, FL 34471  
352.368.9622

### Blanchard Park YMCA

10501 J. Blanchard Trail  
Orlando, FL 32817  
407.381.8000

### Tangelo Park YMCA

5160 Pueblo St.  
Orlando, FL 32819  
407.351.3584

### Lake Nona YMCA

9055 NorthLake Pkwy.  
Orlando, FL 32827  
407.852.3520

### Dr. P. Phillips YMCA

7000 Dr. Phillips Blvd  
Orlando, FL 32819  
407-351-9417

### Winter Park YMCA

1201 N. Lakemont Ave.  
Winter Park, FL 32792  
407.644.1509

### Roper YMCA

100 Windermere Rd.  
Winter Garden, FL 34787  
407.656.6430

### J. Douglas Williams YMCA

665 Longwood-Lake Mary Road  
Lake Mary, FL 32746  
407.321.8944

### Titusville YMCA

2400 Harrison St.  
Titusville, FL 32780  
321.267.8924

### Avalon Park YMCA

12001 Avalon Lake Dr., Ste M-P  
Orlando, FL 32828  
407.381.2512

### Downtown Orlando YMCA

433 N. Mills Ave.  
Orlando, FL 32803  
407.896.6901

### Golden Triangle YMCA

1465 David Walker Rd.  
Tavares, FL 32778  
352.343.1144

### Osceola County YMCA

2117 W. Mabbette St.  
Kissimmee, FL 34741  
407.847.7413

### South Orlando YMCA

814 W. Oak Ridge Rd.  
Orlando, FL 32809  
407.855.2430

## VHN Premier EPO - Orlando 1A Members Fitness Center Membership Benefit

Volusia Health Network offers a Fitness Center Membership Benefit to plan members who are also a member of, or join, Halifax Health - Wellness Center or any of the Central Florida YMCA Fitness Centers.

COVERAGE	MEMBER PAYMENT
Single - Adult	Free
Double - Two Adults	Free - Both
Double - Single Parent, Children Under 18	Free - Enrollee Only
Double - Single Parent, Children 18 to 30	Free - All
Family	Free - All Adults 18 and Over
Retiree - Single	Free
Retiree - Family	Free - All Adults 18 and Over

- > Fitness Center Benefit applies only to Halifax Health - Wellness Center and Central Florida YMCAs
- > Volusia Health Network members must become a fitness center member to receive the benefit
- > Volusia Health Network eligibility will be verified by the fitness centers
- > In a single month, Volusia Health Network members can utilize either the Halifax Health - Wellness Center or a YMCA Fitness Center. Benefit will not cover multiple monthly membership fees.



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For more information about the Halifax Health - Wellness Center go to [halifaxhealth.org/getfit](http://halifaxhealth.org/getfit)

For more information about the Family YMCAs go to [ymcacf.org](http://ymcacf.org) or email [comments@ymcacf.org](mailto:comments@ymcacf.org)



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